



WINTER/SPRING 2010

## **ADULT RELIGIOUS EDUCATION**

***The mind is not a vessel to be filled, but a fire to be kindled.  
~ Plutarch***

### ***INTRODUCTION TO THE BIBLE***

*Rev. Dr. Justin Osterman*

*January 19, 26, and February 2*

*7:30 p.m.*

The Bible is probably the most referenced and least understood book in the world today. This class will offer a broad historical and literary overview of the Jewish and Christian Bibles from a liberal religious perspective. If you know nothing about the Bible, but are curious, this is the class with which to start your exploration.

### ***HATHA YOGA***

*Anne Marie Susas, MS, RYT*

*January 8, 15, 22, and 29*

*9:30 to 11:00 a.m.*

Anne will once again lead a class in Hatha Yoga in the Svaroopa Style. Many older members may be familiar with this because it was taught at MLUC for several years.

### ***FOUNDATIONS OF MEDITATION\****

*January 28 to March 18*

*7:00 to 9:00 p.m., eight Thursday evenings*

Living as we do in difficult times, the ability to let go and be clear in the present moment is an essential skill for living our lives with sanity, balance, love, and humor. Meditation teaches us this skill and much more. This course is designed to give you all the tools you need to develop (or revitalize) a regular meditation practice in support of a conscious life. We'll begin with the whys of practice and proceed with a thorough and practical exploration of the hows. Instructor Scott McBride has over 30 years experience.

To register, go to [www.ClearLightMeditation.org](http://www.ClearLightMeditation.org).

\*Although this course is held at the church, it is not provided by the church and there is a fee.

### ***CINEMA 2 MAKE U THINK***

A series of videos on issues of social justice. There will be an opportunity for discussion after each video:

*Friday, January 29, 7:30 p.m.*

Facilitator: Frank Weber

#### ***Take Out***

A deeply affecting portrayal of a struggling Chinese émigré in New York City.

### ***INTRO TO SMALL GROUP MINISTRY***

*Sessions will be held in the evenings on Tuesdays (1/12, 1/26, 2/9, 2/23) at 7:30 p.m., Thursdays (1/21, 2/4, 2/18, 3/4) at 7:30 p.m., and Fridays (1/22, 2/5, 2/19, 3/5) at 7:00 p.m.*

Care for your soul with Small Group Ministry (SGM). SGM is designed to encourage spiritual and personal growth and to help develop relationships of substance and depth. These groups enrich our community with the sort of personal sharing that happens rarely in our busy lives. SGM provides a way to meet members' needs for worship, community, and service, and to grow spiritually and in understanding. Interested, but not sure? Are you new to MLUC? Do you want to meet new people and investigate this type of personal growth? Introduction to SGM offers the chance to explore without a long-term commitment. A series of four introductory SGM Sessions provide a format for self-discovery, thoughtful discussion, and relationship-building. Contact Ingrid Deckman ([ideckman@verizon.net](mailto:ideckman@verizon.net)) to sign-up. Childcare will be provided for Friday sessions.

### ***MAKING THE MOST OF YOUR DOCTOR VISIT***

*Marybeth McMurray, R.N.*

*February 7, 2:00 to 4:00 p.m.*

Did you ever leave your doctor's office and have no idea what just happened? Or have questions you never got to ask? When dealing with health, you have to become your own advocate. This seminar will explain how to prepare and get the most from your doctor's visit.

### ***DISCUSSION OF IN BETWEEN: MEMOIR OF AN INTEGRATION BABY***

***BY REV. DR. MARK MORRISON-REED***

*Rev. Craig C. Roshaven*

*Monday, February 8, 7:30 p.m.*

"This exquisitely written and psychologically penetrating book will teach you, bother you, and bring you to tears. Mark Morrison-Reed has given us the gift of his heart in order to illumine the complexities of race that haunt us all and, in the process, illuminated how fear and brokenness may be redeemed by the healing, if painful, power of authenticity." William F. Schulz, President of the Unitarian Universalist Association, 1985-93.

### ***MINISTERING TO THE PERSON IN FRONT OF YOU, NOT WHO YOU THINK IS IN FRONT OF YOU***

*Rev. Dr. Justin Osterman*

*Tuesday, February 9, 2:00 p.m.*

Of all the obstacles to human communication, the most daunting can be the assumptions that we bring to a conversation before it ever starts. Whether we are trying to communicate across gender, generational, racial, theological, sociological, or cultural lines, we need to be able to set aside our assumptions and engage with the person before us. This can be harder than it sounds, but it is crucial to having successful and meaningful interpersonal dialogue.

### ***TOPICAL CONVERSATIONS WITH THE SENIOR MINISTER***

*Rev. Dr. Justin Osterman*

While the pulpit offers our ministers the opportunity to address significant subjects in public, the number of Sundays in a year is limited, while the topics for discussion are a multitude. We will be meeting once a month for conversation with the Senior Minister to hear his views on selected topics and share our own on the same subjects.

February 11, 7:30 p.m. - *Encountering Islam*

March 30, 7:30 p.m. - topic to be announced

April 7, 7:30 p.m. - topic to be announced

May 18, 7:30 p.m. - topic to be announced

### ***SATURDAY NIGHT PARENTING CIRCLE***

*February 20, 27, March 6, 13, 20, 27*

*6:30 to 8:30 p.m.*

Parenting provides opportunities for endless joy. That said, for most parents the journey is not a leisurely “walk in the park.” There is no manual. Each parent-child dynamic is unique. Joining the Parenting Circle will provide an opportunity to engage in meaningful dialogue in an open-minded, confidential, respectful environment. Based in part on a small group ministry format, we will cover a variety of topics including understanding personality, avoiding power struggles, and being an emotional coach. Childcare will be provided and children’s activities will center on games and puzzles.

### ***LEADERSHIP DEVELOPMENT TRAINING***

*Lin Koenig and Rev. Roshaven*

*Sunday, February 21, 12:30 p.m.*

### ***SPIRIT IN PRACTICE***

*Bruce Pappas and Jenny Campbell*

*Beginning Thursday, March 4, 7:30 p.m. (Note change in date)*

A ten session course designed to help Unitarian Universalists develop a regular discipline or practice of the spirit - a practice that will help you connect with the sacred.

### ***CINEMA 2 MAKE U THINK***

*Friday, February 26, 7:30 p.m.*

Facilitator: Rev. Roshaven

#### ***Mirrors of Privilege: Making Whiteness Visible***

This video features the experiences of white women and men who have worked to gain insight into what it means to challenge notions of racism and white supremacy.

### ***INTRODUCTION TO WORLD RELIGIONS***

*Rev. Dr. Justin Osterman*

*March 2, 9, 16, 7:30 p.m.*

America is increasingly a multi-religious society, but our understanding of religious traditions other than our own has not increased at the same pace. This class will offer a brief overview of three of the great religions of the world: Islam, Hinduism, and Buddhism.

### ***WHAT’S YOUR PROBLEM!***

#### ***EFFECTIVE COMMUNICATION AT HOME, WORK, AND CHURCH***

*Rev. Roshaven and the Committee on Ministry*

*Wednesday, March 3, 7:30 p.m.*

### ***MARK MORRISON-REED WORKSHOPS***

*March 12, 7:30 p.m., and March 13, 9:00 a.m. to 5:00 p.m.*

Friday evening, Rev. Dr. Mark Morrison-Reed, author of *Black Pioneers in a White Denomination* and a pioneering African American UU minister, will read from his new book *In Between: Memoir of an Integration Baby*. Saturday morning, he will focus on a pivotal event in the history of the UUA, when between 1967 and 1970 the newly formed Association was shaken by a controversy over black empowerment within the largely white denomination. The controversy traumatized the movement and has lasting effects to this day.

### ***INTRODUCTION TO THEOLOGY***

Rev. Craig C. Roshaven

March 22, 29, and April 5, 7:30 p.m.

Theology describes the study, writing, research, or speaking on the nature of god(s), especially in relation to human experience.

### ***CAKES FOR THE QUEEN OF HEAVEN: VOLUME TWO: ON THE THRESHOLD***

March 18 and 25, April 1, 8, 15, and 22

7:00 to 9:00 p.m., six Thursday evenings

How would your life have been different if, when you were growing up, the divine had been imaged as female? This is the basic underlying question of Cakes for the Queen of Heaven, the newly released course on feminist “theology” from UU Women and Religion. Part 2, “On the Threshold,” journeys through ancient Judaism and early Christianity to reclaim the stories of powerful women. It also explores the impact of rising patriarchy on women and celebrates emerging social and personal changes in our lives. The Cakes curriculum weaves ritual, video, music, stories, crafts, discussion, and reflection and is appropriate for ages 16 and older. This course is open to all women. Cakes for the Queen of Heaven Part 1 is NOT a prerequisite. Facilitated to Nuala Carpenter, Lee Dastur, and Eileen Andrews.

### ***FRIDAY NIGHT AT THE MOVIES***

Friday, March 19, 7:30 p.m.

Facilitator: Rev. Roshaven

#### ***Taking Root: The Vision of Wangari Maathai***

Wangari Maathai, Nobel Peace Prize winner and founder of the Greenbelt movement, which has planted more than 30 million trees throughout Africa and more than 2 billion trees around the world.

### ***CINEMA 2 MAKE U THINK***

Friday, March 26, 7:00 p.m.

Facilitator: Frank Weber

#### ***A Witness in Palestine***

Anna Baltzer, a young Jewish American, went to the West Bank to discover the realities of daily life for Palestinians under the occupation. What she found would change her outlook on the conflict forever.

### ***TOPICAL CONVERSATIONS WITH THE SENIOR MINISTER***

Tuesday, March 30, 7:30 p.m.

Rev. Dr. Justin Osterman

“The American presence in Afghanistan and foreign policy toward Pakistan”

It has been more than eight years since US troops invaded Afghanistan and the future of that nation still seems uncertain today. Over the same period of time, significant events have occurred in neighboring Pakistan. Tonight we will discuss the effect of US foreign policy on the region over the past eight years and what the future might hold.

### ***UNITARIAN UNIVERSALIST HISTORY***

Rev. Craig C. Roshaven

April 19, 26, and May 10, 7:30 p.m.

Unitarians and Universalists have a long and fascinating history. This three session course will cover their respective histories and our history since their merger.

### ***ALL LEADERSHIP MEETING***

Lin Koenig

Saturday, April 24, 9:00 a.m. to noon

McGinness Room

## ***CINEMA 2 MAKE U THINK***

*Friday, April 30, 7:00 p.m.*

Facilitator: Rich Fritzson

### ***The Soloist***

This true life drama tells the poignant tale of Los Angeles newspaper reporter Steve Lopez who discovers brilliant street musician Nathaniel Ayers and the unique friendship that transforms both their lives. In helping his new friend deal with his demons, Steve ends up battling with his own.

## ***THE STORY OF MEANING AND THE MEANING OF STORY***

*Rev. Craig C. Roshaven*

*May 17, 7:30 p.m.*

The literary critic Northrop Frye identified four basic story settings in Western literature: the tragic, the comic, the heroic, and the ironic. In his book, *Congregation: Stories and Structures*, using Frye's settings, James F. Hopewell categorized Western religion into four basic types: the canonic, the gnostic, the romantic, and the empiric. Where do Unitarian Universalists fit in this schema? What are the story settings you most often use to tell yourself and others about what it means to be human?

## ***CINEMA 2 MAKE U THINK***

*Friday, May 21, 7:30 p.m.*

Facilitator: Hiro Nishikawa

### ***First Person Plural***

The story of a girl adopted from Korea in 1966 at the age of nine by the Borshays, a family in California. Upon first arriving from Korea, Cha Jung Hee, renamed by her American family as Deann Borshay, vowed never to forget her home and her culture.

## ***STORIES, TRUTHFULNESS, AND TRAGEDY***

*Rev. Craig C. Roshaven*

*May 24, 7:30 p.m.*

Come join us as we consider the basic types of story and the tragic inevitability of self-deception when recounting one's own story.

## ***PATH TO MEMBERSHIP***

Are you considering becoming a member of Main Line Unitarian Church or want to learn more about UU history and your personal faith development? If so, you are invited to attend our *Path to Membership* sessions which include:

*March 7, 10:00 to 11:00 a.m.*

### ***History of Unitarian Universalism***

The first step to membership, an exploration of the history of Unitarian Universalism.

*March 14, 10:00 to 11:00 a.m.*

### ***Our Faith Community***

The second step, explores the structure of Unitarian Universalist churches, the values that hold us together, and answers that pressing question, "What do UU's believe?"

*March 21, 10:00 to 11:00 a.m.*

### ***Q & A with Rev. Dr. Justin Osterman***

Have some nagging questions from the first two pathway classes? Take this opportunity to have them answered.

*March 28, 10:00 to 11:30 a.m.*

### ***Exploring Membership***

The final step, learn more about membership in this faith community, with an opportunity to sign the Membership Book.

**For information or to register for Path to Membership sessions ONLY:**

Contact Membership Coordinator, Laura House-Kelly (laura@mluc.org; 610-688-8332).

**For information or to register for ALL OTHER COURSES:**

Contact Administrative Assistant, Doreen Jackson (doreen@mluc.org; 610-688-8332).

**Childcare:**

Childcare is available upon request. Contact Interim Director of Religious Education, Sandra Greenfield (sandra@mluc.org; 610-688-8332) with requests. Please indicate your need for childcare at least two weeks prior to the event or when registering.